



- · Mark different places from which the children will shoot.
- In pairs, one child shoots while the other assists or keeps score.
- · Start at the shooting spot and then move away at speed to a point between 5 and 10 metres away.
- · Return with the ball or return and receive a pass.
- · Move to a marker and shoot.
- · Repeat, but move to a different marker each time.
- · Swap roles after 5 shots.

